

New confusion has a name: **DELIRIUM**

Has someone you care about suddenly become confused,
much sleepier, agitated or simply not themselves?

Clear, free information for families and carers

What delirium is · What to do now · How families can help · Recovery

**Scan to understand what is happening and
what you can do**



deliriumsupport.com/what-is-delirium/

**If the change is happening now, tell a healthcare professional
immediately.**

In hospital or a care home, tell a nurse or senior carer.